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## Docket No. BOC9-2000-0060 (195)

## ABSTRACT OF THE DISCLOSURE

An e-mail communication method can include a series of steps. The steps can include inserting in an e-mail message a voice conference identifier comprising a voice conference call list identifying conference call nodes. The e-mail message can be transmitted to a recipient at a recipient node. Responsive to the recipient selecting the voice conference identifier, a voice conference call between selected ones of the identified conference call nodes can be established.

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